

GEAR'D UP!



May is **BIKE MONTH**



Have you signed up to ride for **May is Bike Month**?
Log trips, ride with friends, earn prizes!
It's HERE!

Truth and Dignity with the Bicycle Nomad

The Sacramento Area Bicycle Advocates in partnership with REI Co-op present **A Conversation with Erick Cedeno**. This special event will feature a screening of his film Truth and Dignity. Known as the Bicycle Nomad, SABA Executive Director Deb Banks describes him as "not your everyday historian." Erick has brought truth and dignity to the stories of those that have been left out of most history books.

Don't miss out on an opportunity to see this special event for one night only in Sacramento. Hear Cedeno talk of his experiences retracing the routes of the Underground Railroad and the exploration expedition of the Buffalo Soldiers from Montana to Missouri in 1897.

RSVP now while spots are still available at <https://reievents-916film.splashthat.com/>

Bicycle Nomad



Film Screening & Presentation

Truth & Dignity

On July 24th, Erick Cedeno, aka Bicycle Nomad, crossed into St. Louis, Missouri, after spending 41 days in the saddle. The 1900-mile journey born of a commitment to bring truth and dignity to an oft-forgotten part of history.

Friday, May 19 | 6:30pm - 8:30pm
At REI Sacramento



REI 916 Bike Party

National Bike Week is in full effect. We're gonna cap the week off this Sunday with the **REI 916 Bike Party** at Bike Dog West and Baker Family Wines in West Sacramento.

Join us from 12:00 p.m. to 5:00 p.m.



Co-hosted by REI and SABA, we are offering our region a smorgasbord of bike-related vendors. We hope to see you there for a bike-tastic bonanza. For more details, see the May is Bike Month [calendar!](#)

SACRAMENTO BIKE WEEK REI 916 PARTY-BIKE BONANZA

Vendors 🍷 DJ/Band 🍷 Food & Drinks

SUN, MAY 21ST 12PM-5PM
AT BIKE DOG WEST SAC

RSVP and details here! 

Special perk for attendees
with REI memberships!

Join us for a guided ride to the
event starting at 10am

 SACRAMENTO AREA
BICYCLE ADVOCATES

 BAKER
FAMILY
WINES

 BIKE DOG

Social Ride to REI 916 Bike Party



SABA is hosting a social ride to the REI 916 Bike Party this Sunday at Bike Dog West and Baker Family Wines in West Sacramento.

Meet us at Pacos Bike shop in Midtown at 11:00 for refreshments and ride together to the event. Grab your friends, go for a ride and then join us at Pacos!

Where: Pacos Bike Shop, 2020 K Street
Sacramento, CA 95811

When: 5/21 at 11:00 a.m.
Roll out: 11:30 a.m.

Upcoming May is Bike Month Events

Many exciting events are happening in this week of May is Bike Month. Jump over to the [mayisbikemonth.com events calendar](https://mayisbikemonth.com/events) to see details on everything planned.

BIKE TO WORK | BIKE TO GIVE



**Fremont
Park**
15th & P St



May 18th
7:30 - 9:30 AM

- Free coffee + snacks
- Win prizes!
- Support homeless outreach



www.mayisbikemonth.com



Hosted by the
Sacramento TMA
team@sacramento-tma.org
916-234-0176



DAVIS DOUBLE CENTURY 2023



DAVIS BIKE CLUB



Ride Ready Repair Clinic at Rosa Parks MS

Our trusted mechanics will be available this Saturday, May 20th at Rosa Parks Middle School for the Sacramento City Unified School District Community Fair. Bring your bug-free bikes in for free repairs!

We will have bikes to giveaway! Be ready to win a bike!

Where: Rosa Parks Middle, 2250 68th Ave, Sacramento, CA 95822

When: 12:00-4:00

Questions? Ping [Mike](#)

CALBike is asking you to TAKE ACTION

Potholes. Missing sidewalks. Deadly intersections. Many of the worst roads and streets in California are in its poorest neighborhoods due to decades of neglect and underinvestment.



The Equity-First Transportation Funding Act (AB 1525, Bonta) is critical to rebalancing California's transportation spending priorities, dedicating at least 60% of our transportation budget to the communities that need it most.

And it's in danger of dying this Friday. The Assembly Appropriations Committee has the power to quietly kill bills that a few powerful politicians don't like. If AB 1525 doesn't move from this committee by May 19, it dies.

Go [HERE](#) to learn more and make your voice heard!

Volunteers Needed for SAClovia



SAClovia is our biggest event of the year and we need as many hands on deck as possible. If you are available on Sunday, May 28th between the hours of 9:00 a.m. and 3:00 p.m., please reach out to our volunteer coordinated [Diana](#) about signing up for either a morning shift from 9-12 or an afternoon shift from 12-3. You will earn **rare May is Bike Month** swag such as t-shirts or Miir cups **only available to employees and volunteers.**

We're hiring! If you have passion and interest to make the world a better place through bicycles, then we want to hear from you!

Bike Valet

Bike Mechanics



We have [business memberships](#) available and at the higher levels of membership, we'll provide a workshop for you and your company.

Could be a repair clinic, or a social ride, or maybe we can help you with Bike Friendly Business certification from the League of American Bicyclists.

We can tailor something to fit your needs and we'd love to help your organization become more bicycle friendly.



Gear'd Up is proudly presented to you with support from our friends at [Chocolate Fish](#), [Washington Commons](#), [Centene](#), Metro Air Park and [Capitol Yards](#).

Find out how your organization or business can help make Sacramento the best place to ride a bike. [Join us!](#)

Become a SABA Supporter



Support SABA today and become an advocate for safe streets.
We're working for commuters,
recreation riders,
students and elders.
We're working for you.

Become a [SABA supporter](#) and help support programs like Project Activation Meadowview, our social rides, our Upcycle program, bicycle classes, or our Ride, Ready, Repair work. Whether you commute by bike or ride for fun, your support will underwrite our efforts to make the Sacramento region a safer place for **everyone** to ride!

*Sacramento Area Bicycle Advocates is a 501c3 nonprofit organization.
Your donation is tax-deductible.*



Sacramento Area Bicycle Advocates | 909 12TH ST STE 110, SACRAMENTO, CA 95814-2942

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