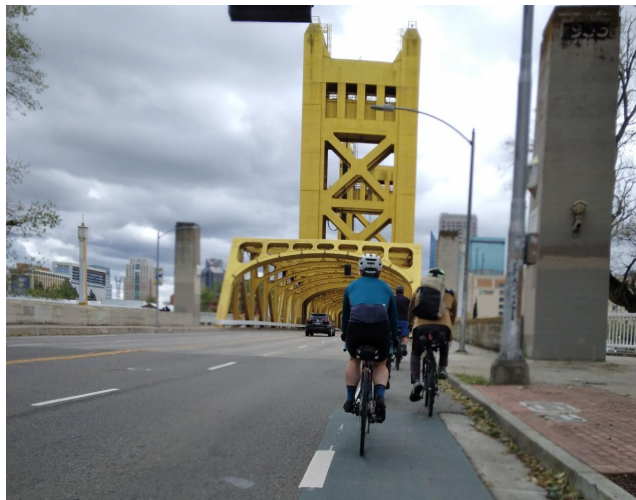


GEAR'D UP!



Save Active Transportation funding!

There is no deficit in California's transportation budget, yet, **\$600 million from the Active Transportation Program (ATP)** is on the chopping block. The ATP funds projects that make biking and walking safer and more appealing, advancing the infrastructure changes needed to combat climate change.

Sacramento's changes in street infrastructure are largely funded through programs such as the ATP. With cuts like these, it will make grants even harder to pull down with increased competition for fewer dollars. That means much MUCH slower progress in changing our streets into safe streets for all users.

The Active Transportation Program needs more funding, not less.

- The ATP already turned away many worthy biking and walking projects because of a lack of funding, even before this cut.
- Sadly, **the governor's budget doesn't cut funding for climate-killing highways.**
- California can afford to fund the ATP. With rising climate chaos, we can't afford not to spend money on active transportation.

Please [tell your representatives we need them to protect active transportation.](#)

If you already sent an email about the ATP cuts, please take a moment to [email Senator Ashby and Assemblymember McCarty.](#) The situation has changed and **we need a strong show of support for active transportation funding.**

Spread the word! Tell your friends, forward this email, we need a strong showing of support!

**Tell the Legislature to Restore full ATP
funding**

Cycling over 50 +



The 50+ Cycling Survey, Year 5 is underway, and we encourage you to take the time to weigh in. It is a survey of older adults who cycle. First offered in 2018, the survey provides information about the cycling history, habits, and preferences of older adults. The survey helps answer the question: how can our growing understanding of older cyclists affect policy, programs, design, and practice. The survey takes about 20 minutes to complete and has an accompanying on-line journal.

The results of the [50+ Cycling Survey, Year 4](#) are available from the Mineta Transportation Institute website and they include nearly 5,000 responses from older cyclists in the U.S. and Canada.

Why bother? First off, there are many myths about people 50+ years who ride. This report shows that people ride more frequently at 50+ and continue to

ride well into their 80's. Plus, e-bikes are a gamechanger for many older cyclists. [Take the survey!](#)

Recap Week 2: May is Bike Month!



Here's a recap of some of the awesome events hosted during the second full week of May is Bike Month:



- May 11–19th
• Mileage Madness

- May 15th
• Ride of Silence

- May 16th
• Ride to Work (or Wherever) Day



- May 18th
• Cargo Bike Races @Township 9 Park

May 19th

- VeloRama @Bike Dog West Sac

May 21st

- Ride Ready Repair @Valley-Hi Park

BikU Poems and winners

Congratulations to our winners and thanks to everyone for participating! If you haven't received your prize, reach out to Hillary@sacbike.org

Bike my age each year
A birthday one day long
ride
Eighty-one this year

May bloom is so sweet,
Biking through the sunlit
streets,
Adventure complete.

Pedals will take me
Everywhere I want to go.
Will you ride with me?

1st Place! Jean Jackman

2nd Place! Molly Mahoney

3rd Place! J. Douglas Wolfe

Upcoming May is Bike Month Events

Bike Month's not over yet! See what's coming up on [SABA's events page](#).

BIKE VALET: CONCERTS IN THE PARK

Concerts in the Park are back and SABA's got you covered with FREE Bike Valet parking. No more stressing over where to lock your bike, or if it'll still be there when you return!

Date: Friday, May 24

Time: 5:00 pm

Location: Cesar Chavez Park



**Celebrate Bike Month at
BARC FEST
WITH THE MACC!**
10191 MILLS STATION RD

Celebrate Bike Month!
Face Painting!
Vendor booths!
Free Swag!

KONA ICE!
FREE Art Exhibit
at the MACC!

**Friday, May 24th
4 pm - 7 pm
Latin Band & Taco Stand**

Sacramento Regional Transit SMUD

SABA RANCHO CORDOVA FIBERCITY SAC 1006 CITY OF RANCHO CORDOVA COMMUNITY ENGAGEMENT & INVESTMENT FUND MACC

BARC FEST

Celebrate Bike Month with the *Bicycle Advocates for Rancho Cordova (BARC)* and the MACC at the Mather Light Rail Station. Enjoy a live Latin band, taco vendor, Kona Ice, face painter, info booths, and the Upcycled Art exhibit!

Date: Friday, May 24

Time: 4:00 pm – 7:00 PM

Location: 10191 Mills Station Rd (*Mather Light Rail Station*)

To ride RT FREE to this event, show this [flyer!](#)

FOLSOM 2 FOLSOM RIDE

Join SABA's annual Bike Month long ride (bring water + fuel) from Folsom Blvd (Sac) to the city of Folsom!

Long-distance not your thing? Trim miles by hopping the Light Rail to/from our Folsom meetup spot. To Ride RT FREE to this event, show [our digital Ride Free flyer](#) in place of paid fare (valid 5/26 from 8 am–4 pm).

Date: Sunday, May 26

Time: Sac Roll-Out 9:00 am;

FOLSOM Roll-out 1:00 pm

Location: Chocolate Fish Coffee

(4749 Folsom Blvd, Sacramento)
Mid-Point: Chocolate Fish Coffee
(25055 Blue Ravine Rd, Folsom)

Folsom to Folsom Social Ride!



SUNDAY MAY 26th, 2024

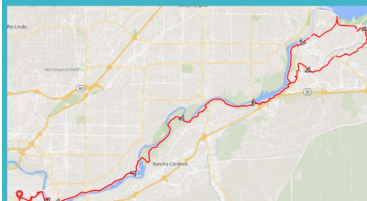
8:30am - Gather at Chocolate Fish Sacramento
(4749 Folsom Blvd, Sacramento, CA)

9AM - Depart!

Noonish - Rendezvous at Chocolate Fish City of Folsom
(25055 Blue Ravine Rd, Folsom, CA)

and ride back to Sacramento

28 miles there, 28 miles back
along the world class
American River, Willow
Creek and Johnny Cash Bike
Trails.



Cycle the whole way or take
Light Rail back.

Use this flyer to ride for FREE!

Valid Sunday, May 26, 2024 on Light
Rail between 8 am and 4 pm.



**SACRAMENTO
REGIONAL TRANSIT**

SABA & PACO'S BIKE SHOP PRESENT:



FILMED BY BIKE
Movie Night

**BVO CHAIRS
OR BLANKETS!
BIKE VALET
AVAILABLE!**

**RVSP
REQUIRED!
FREE TICKETS:**

MOVIE NIGHT AT PACOS BIKE SHOP

Bring your own seating and
enjoy a night of bike-themed
short films, at no cost, brought
to you by Pacos and SABA.
Snacks provided. FREE bike valet
service!

RSVP [here](#) (required due to
limited space).

Date: Wednesday, May 29
Time: 6:00 pm – 8:00 pm
Location: Paco's Bike Shop (2028
K St)

MAY 29 2024 - 6-8PM

PACO'S MIDTOWN - 2028 K STREET



TICKETS/RSVP WITH QR CODE OR AT:
[BIT.LY/BIKEMOVIE NIGHT](https://bit.ly/bikemovienight)





May is BIKE MONTH



Thank you to our 2024 sponsors



Ride Ready Repair Clinics

We are offering free "pop-up" bike repair clinics around Sacramento through the month of May. Don't miss a chance to get your bike road-safe in time for your favorite Bike Month activities! Visit our [events calendar](#) for upcoming dates and locations.

Questions? Ping [Robert](#).

We're hiring! If you have passion and interest in making the world a better place through bicycles, then we want to [hear from you!](#)

Bike Valet

Bike Mechanics

SABA Bike Valet provides convenient, secure, no-cost bike parking at Golden 1 Center events. Find us near Urban Outfitters. To



reduce wait times, scan the QR code and digitally sign in while you stand in our queue.

We offer Bike Valet service at various community events, including Food Truck Mania, Farmers Markets, and Concerts in the Park. Check our [events calendar](#) for Valet-supported events.



Support SABA today and become an advocate for safe streets.

We're working for commuters, recreational riders, students, and seniors.

We're working for YOU.

Become a **SABA supporter** and help us continue offering programs like *Project Activation Meadowview*, social rides, bicycle classes, bike valet, and *Ride Ready Repair* services.

Your support will underwrite our efforts to make the Sacramento region a safer place for **everyone** to ride!



Gear'd Up is proudly presented to you with support from our friends at [REI Co-Op](#), [Washington Commons](#), [Centene](#), [Metro Air Park](#) and [Capitol Yards](#).

Find out how your organization or business can help make Sacramento the best place to ride a bike. [Join us!](#)

Sacramento Area Bicycle Advocates is a 501c3 nonprofit organization. Your donation is tax-deductible.



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