

# GEAR'D UP!



## Sacramento Lowers Speed Limits in Some Areas

*Helping Sacramento become a safer place to ride bicycles and walk.*

The Sacramento City Council this week is approving updates to speed limits in areas across the city, including reducing limits in 14 zones.

One street is Folsom Boulevard from Alhambra Boulevard to Elvas Avenue where the posted speed limit is 35 mph. Staff from the

Department of Public Works recommended a reduction to 30 mph due to the additional pedestrian activity and proximity to Phoebe Hearst Elementary School and UC Davis Medical Clinic.

SABA is thrilled to hear about the lower speed limits as lowering speed limits can lead to safer driving, and in the event of a collision, the rider may sustain fewer injuries.

[More information from Sacramento City Express.](#)

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## Sac RT to Roll Out New Light Rail Trains - Will They be Better for Cyclists?

SABA was invited to see and comment on the new light rail cars that will be rolling out in Sacramento in early September on the Gold and Green lines. The new cars are lower so bikes can be boarded with just one step up. Ramps extend from the door for people using wheelchairs.

Each car will hold 4 bicycles (a total of 8 per train) but there is some flexibility if the car isn't crowded. Signage will indicate where the bikes can be located. Cyclists can either stand by a door or use seats indicated for people with disabilities if they are available.

SABA board member Sue Teranishi attended. She emphasized that the signage about where bikes are allowed should be clear.

Join Sac RT for a community event launching the new cars September 3 at Township 9 Station. Ride your bike to the event and provide feedback. Sac RT says they may be able to make some changes if it seems necessary. But the basic layout of each car can't be changed.

Other improvements that are in the works include upgrading the electronic sign alerts to more accurately indicate issues or schedule changes, and adding more

ambassadors to assist passengers and check passes.



Cycling advocate Dan Allison with his folding bike. A cyclist can stand next to a door (denoted by a bike decal) and hold on to their bike.



If seats designated for people with disabilities and older people are available, a cyclist can sit and hold their bike.



## Ice-Cream for Breakfast? Join Us for Our Next Social Ride!

Sunday, August 25, 2024

We will be riding to Vic's Ice Cream from 5 Sips Coffee Shop via the new bike infrastructure on Broadway.

Meet at 9:30 AM at 5 Sips Coffee Shop – will be rolling out at 10:00 AM.

Please sign up and volunteer to be on ride crew who lends their help in keeping the group together.

See the [Route on Ride with GPS](#) More information [about the Social Ride](#).

**Upcoming events around town**



SABA Bike Valet provides convenient, secure, no-cost bike parking at **Golden 1 Center** events. Find us near *Urban Outfitters*. To reduce wait times, scan the QR code and digitally sign in while you stand in our queue. Check our [events calendar](#) for Valet-supported events.

### MIDTOWN FARMER'S MARKET

We've moved! You can find bike valet around the corner from Pacos on K Street. Drop off your bike and get those Saturday AM errands run at the Farmer's Market. We'll have your bike waiting for you.

**Date:** Every Saturday through the summer  
**Time:** 8:00 am – 1:00 pm.  
**Location:** 2010 K St.

Brought to you by the fine people of the Alchemist CDC and SABA

**NO TE PIERDAS**  
**DON'T MISS THE**  
**FREE BIKE REPAIR!**  
*Reparación de bicicletas gratis*

**At the Meadowview Farmers Market**  
 3501 Meadowview Rd  
**8:00 am - 11:00 am**  
**Every 1st and 3rd Sunday**

Look for our Ride-Ready Repair trailer

**GRATIS! FREE!**  
 For more information email [robert@sacbike.org](mailto:robert@sacbike.org)

#meadowviewfarmersmarket #sacbike

### NORTH NATOMAS FARMERS MARKET

Bike Doc provides basic bike repair and diagnostics in the North Natomas community. These are private events for N. Natomas residents and require pre-registration through JIBE.

This is a free service sponsored by North Natomas Jibe and supported by SABA.

Saturdays from 8:30AM – 12:30PM  
 North Natomas Regional Park  
 2501 New Market Dr, Sacramento

**BARC INVITES YOU TO:**  
**Lincoln Village Park Bike Repair Event**  
**Saturday, September 7th**  
**1 PM -4 PM**

**BRING US YOUR BIKE AND WE'LL FIX IT, FOR FREE!**  
 \*basic repairs  
 Thanks to Our Partners:

### LINCOLN VILLAGE PARK BIKE REPAIR EVENT

Bicycling Advocates for Rancho Cordova (BARC) invites you to a bike repair event at Lincoln Village Park in Rancho Cordova.

Saturday, September 7th from 1:00 PM – 4:00 PM

Bring us your bike and we'll fix it (basic repairs), for FREE!

Thanks to our partners: Sacramento Area Bicycle Advocates (SABA), City of Rancho Cordova Community Enhancement & Investment Fund, Cordova Recreation & Park District.

[More information about BARC.](#)

**We're growing and hiring!** If you have passion and interest in making the world a better place through bicycles, then we want to hear from you!



## Bike Valet

Our Bike Valets are the heart and soul of SABA. We take care of your bike so you can attend an event or a market without worrying about whether your bike will be there when you get back to it.

We could use some more great people who believe in SABA's mission for Bike Valet. Click on the button and shoot us an email.

## Bike Mechanics

Our set of bike mechanics are the envy of town. Did you know that we just supported the AIDs LifeCycle ride with SABA's bike mechanics? Basic knowledge is necessary, but everyone is constantly learning on the job and getting better together. Click on the button above to find out more! Come learn by doing and earn some dollars too.



**Support SABA today and become an advocate for safe streets.**

**We're working for commuters, recreational riders, students, and seniors.**

**We're working for YOU.**

Become a **SABA supporter** and help us continue offering programs like *Project Activation Meadowview*, social rides, bicycle classes, bike valet, and *Ride Ready Repair* services.

Your support will underwrite our efforts to make the Sacramento region a safer place for **everyone** to ride!



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 **METRO AIR PARK**

**Gear'd Up** is proudly presented to you with support from our friends at [REI Co-Op](#), [Washington Commons](#), [Centene](#), [Metro Air Park](#) and [Capitol Yards](#).

Find out how your organization or business can help make Sacramento the best place to ride a bike. [Join us!](#)

*Sacramento Area Bicycle Advocates is a 501c3 nonprofit organization.  
Your donation is tax-deductible.*





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