

GEAR'D UP!



Ways to Support the People Impacted by the LA Fires

Like many, we are watching the devastation in LA County and, if you know people there, you might be wondering how to help.

SABA's partner advocacy organization in Los Angeles [Move LA](#) has provided some resources to donate to or volunteer with to help people who have lost their homes and who are impacted by poor air quality due to the horrific fires.

- Donate to the [California Community Foundation](#) Wildfire Relief Fund
- Donate to the [Eaton Canyon Fire Relief and Recovery Fund](#) via [Pasadena Community Foundation](#)
- Help the [Pasadena Jewish Temple rebuild after the Eaton Fire](#)
- Mutual Aid Los Angeles Network [list of resources, including food, water, shelter](#), and volunteer opportunities if you or anyone you know needs help right now.
- We Are California [Unity & Solidarity Donation Drive](#)

City Council Committee Approves Recommendations from the Active Transportation Committee

On January 7, the Personnel and Public Employees Committee of the City Council gave [preliminary approval of recommendations](#) from the Active Transportation Committee (ATC) regarding pedestrian and cyclist safety on Sacramento streets. The recommendations were previously approved but not funded. Now, the recommendations will be forwarded to the council's Budget and Audit Committee. SABA's Executive Director Deb Banks and ATC Chair Arlete Hodel made comments at the meeting, among others.

Hodel noted that, "Sacramento is #1 in the state for injury and loss of life for pedestrians and cyclists. We don't want that designation... Every recommendation is aimed at increasing safety for pedestrians and cyclists and reducing injury and loss of life."

The recommendations included increased funding for competitive grant funding; expanding the speed management program; implementing a quick-build bikeways program; reestablishing slow and active streets; creating safe routes to schools; and finalizing the Construction Detour Policy.

Watch [video of the meeting](#) – the ATC portion is from 43:26 – 1:27:42.

(Photo: Debra Banks and Arlete Hodel outside of City Hall)



Bikes Needed for Students at Katherine Johnson Middle School



Last Month SABA donated bikes to economically disadvantaged children at Katherine Johnson Middle School in Arden Highlands. Some of the designated children weren't able to get a bike because of size requirements so we are seeking a few more bikes to donate.

We are looking for girls and boys bikes with 20 and 24 inch wheel sizes. (Sizes can be found on the side of the tire).

Bikes should be in good working condition or just needing minor repairs (like flat tires, brake adjustment). They should be free of rust and major damage to the paint. Please remove all training wheels if possible but we will still accept them if you cannot.

Please contact robert@sacbike.org if you have a bike to donate or if you have any questions.

Need a New Year's Resolution? How About Better Biking Habits?

As we ride into the New Year, here is a reminder to polish up your cycling habits:

- Make sure your bicycle is in good condition: lube your chain, pump up your tires, and be sure to hydrate. ([More tips](#))
- Riding on the sidewalk: different cities have different rules about riding your bicycle on the sidewalk. If it's allowed and it's your safest option, please be courteous and respect the right of way of pedestrians. ([More on sidewalk regulations](#))
- Rules for e-bikes vary depending on the type of e-bike you have. Make sure you are aware of where you can ride and how fast. ([California E-bike laws](#))

Cycling and Public Transportation in the News

- [California to have fully connected zero-emission rail network by 2050](#) *Mass Transit*, January 10, 2025: The State Rail Plan, released by state Gov. Gavin Newsom, calls for providing mobility to every region of the state by creating a fully integrated, zero-emission rail network that connects seamlessly with other transportation modes.
- [New Studies Show No Downsides for Bicycle Safety Stop](#), CalBike, January 9, 2025: Since Idaho passed its "Idaho stop" law in 1982, people on bikes have been treating stop signs as yields without any negative effects on traffic safety.
- [The Week Without Driving is Sparking a Cultural Shift](#), America Walks, December 12, 2025: The effort has sparked action across the United States and beyond.

Upcoming events

January Social Ride – Sunday, January 26

Join us for our monthly social ride. This January we will be exploring the

Sacramento Northern bike trail into Rio Linda. The ride will start at La Costa Café and go north to a community orchard.

Rides are about two hours long and are open to all riders.

Date: Sunday, January 26, 2025 @ 9:30AM – Roll Out Time: 10:00AM

Place: La Costa Café, 701 19th Street, Sacramento



More Information and to
Volunteer

Ongoing events around town



SABA Bike Valet provides convenient, secure, no-cost bike parking at **Golden 1 Center** events. Find us near *Urban Outfitters*.

To reduce wait times, scan the QR code and digitally sign in while you stand in our queue.

Bike Valet provides bike parking at many Sacramento events.

Check our [events calendar](#) for Valet-supported events.

We're growing and hiring! If you have passion and interest in making the world a better place through bicycles, then we want to hear from you!

Bike Valet

Our Bike Valets are the heart and soul of SABA. We take care of your bike so you can attend an event or a market without worrying about whether your bike will be there when you get back to it.

We could use some more great people who believe in SABA's mission for Bike Valet. So, please [shoot us an email](#).

Bike Mechanics

Our set of bike mechanics are the envy of town.

Basic knowledge is necessary, but everyone is constantly learning on the job and getting better together. [Find out more!](#) Come learn by doing and earn some dollars too.

If you can't make it to our events, you can still support SABA today and become an advocate for safe streets.

We're working for commuters, recreational riders, students, and seniors.



We're working for YOU.

Become a **SABA supporter** and help us continue offering programs like social rides, bicycle classes, bike valet, and *Ride Ready Repair* services.

Support our efforts to make the Sacramento region a safer place for **everyone** to ride!

JOIN SABA



Gear'd Up is proudly presented to you with support from our friends at [REI Co-Op](#), [Washington Commons](#), [Centene](#), [Metro Air Park](#), [Capitol Yards](#), and [Sacramento Wheelmen](#).

Find out how your organization or business can help make Sacramento the best place to ride a bike. [Join us!](#)

Sacramento Area Bicycle Advocates is a 501c3 nonprofit organization. Your donation is tax-deductible.





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