

GEAR'D UP!



Join our Fun and Educational February Social Ride



Join us for a social ride on Sunday, February 23 to the [Sojourner Truth Museum](#) for Black History Month. This excellent museum in South Sacramento is usually closed on Sundays but they will open it for us and give us a tour.

Tickets for are \$12 for the tour or \$8 if you want to wander around on your own. The museum is struggling financially so all donations are appreciated, but if you are unable to donate, SABA will cover the cost. Payment options are cash, Cashapp (\$Sojomuseum), or Paypal (nasarakeys@hotmail.com).

For this social ride, we are requesting that you [sign up](#) so we can let the museum know how many people will be attending. There is an upper limit of 50 people for the tours so sign up early! You can also [sign the waiver form](#) ahead of time.

We will meet Sunday, February 23 at 9:30am and roll at 10:00am.
Starting point: 85c Bakery Café, 5591 Sky Pkwy #411, Sacramento

From the café, it's a 6 mile ride to Sojourner Truth Museum – see the route at [Ride with GPS](#).

Bike parking will be provided inside the building for 50 bikes.

[SIGN UP FOR THE SOCIAL RIDE](#)

(Image: Shonna McDaniels' painting Dada Mdogo, which portrays a young Black girl dreaming of her future)

Volunteers Needed for Traffic Calming Audit

SABA is looking for volunteers to assist with a traffic calming audit in **Rancho Cordova** on Saturday, February 8th from 10:00am – 12:00pm.

Help shape local policy decisions, make your voice heard, and meet other cyclists. Coffee and snacks, a \$20 gift card (for first 20 participants age 16+ to RSVP and complete audit), and AARP swag provided.

[SIGN UP TO VOLUNTEER](#)

Volunteering Can Boost Health and Happiness

Research shows that volunteering offers numerous benefits for older adults. It has been shown to enhance their physical and mental health, foster and strengthen social connections, and fight loneliness and isolation. Experts call it a key tool for healthy aging. In this [article from the Toronto Star](#), Isabel Teotonio guides us through the benefits of a healthy habit that promotes sharing expertise and time, fostering a sense of purpose and fulfillment.

StreetSmart: Demystifying the California Transportation Commission with Jeanie Ward-Waller

For the [first edition of the Streetsblog California podcast, StreetSmart](#), Jeanie Ward-Waller, the interim director with Climate Plan and the Director of Transportation Advocacy with Fearless Advocacy, discusses the California Transportation Commission, the appointed state board that reviews and approves billions of dollars in grants every year.



New Law Aims to Make it Safer for Cyclists & Pedestrians

A new California law, Assembly bill 413 (Daylighting law) [prohibits parking 20 feet or less from a marked or unmarked crosswalk](#) or within 15 feet of a crosswalk with a curb extending into the road. The restriction only applies to the approaching side of the road before a crosswalk. This helps people crossing the street be more visible to drivers.

Many of the curbs have not been painted red yet so you need to be aware of the law.

In the photo below, new bike racks replace parking spots at the corner of S and 22nd streets in Sacramento in accordance with the new law.



Prioritizing Bikes & Pedestrians Transforms Cities around the World



Urban planners are starting to realize the benefits to prioritizing cities for bikes, scooters, walking, and other forms of micro-mobility rather than cars.

Freeing up space for people, especially in denser cities, makes living safer, more enjoyable, and healthier.

The *Discerning Cyclist* put together [before and after photos of ten cities](#) that transformed their streets (see a corridor in Amsterdam in the photo).

In Paris, after a significant investment in cycling infrastructure, [cycling numbers doubled in one year](#).

Cycling and Public Transportation in the News

- [One of Sacramento's most dangerous roads moves a step closer to pedestrian improvements](#), *Sacramento Bee*, January 15, 2025: The City Council voted to accept \$381,000 from Caltrans to plan safety improvements on Fruitridge Road, one of Sacramento's most dangerous thoroughfares.
- [Yolo Transportation District staff show what downtown Woodland Transit Center could look like](#), *Mass Transit*, January 30, 2025: The Yolo Transportation District, in collaboration with the city of Woodland and the Woodland Chamber of Commerce, hosted a "pop-up" event Tuesday morning at the proposed downtown Woodland Transit Center site located on Court and Second Street.
- [Transforming Rail Transit on the West Coast](#), *Mass Transit*, December 17, 2024: Transit expansion and electrification projects in Washington and California have expanded mobility up and down the West Coast, connecting people and communities.
- [Caltrain's electric fleet more efficient than expected](#), *Mass Transit*, January 24, 2025: Thanks to Caltrain's regenerative braking, the agency is revising electricity cost estimates from \$19.5 million to \$16.5 million annually.
- [LA's Traffic Ordinance Went Into Effect 100 Years Ago. It Changed Streets Across America](#), *Next City*, January 24, 2025: The Ordinance, which prioritized cars on the city's roadways, quickly became the template for the country.

Ongoing events around town

SABA Bike Valet provides convenient, secure, no-cost bike parking at **Golden 1 Center** events. Find us near *Urban Outfitters*.

To reduce wait times, scan the QR code and digitally sign in while you stand in our queue.

Bike Valet provides bike parking at many Sacramento events.



Check our [events calendar](#) for Valet-supported events.

We're growing and hiring! If you have passion and interest in making the world a better place through bicycles, then we want to [hear from you!](#)

Bike Valet

Our Bike Valets are the heart and soul of SABA. We take care of your bike so you can attend an event or a market without worrying about whether your bike will be there when you get back to it.

We could use some more great people who believe in SABA's mission for Bike Valet. So, please [shoot us an email](#).

Bike Mechanics

Our set of bike mechanics are the envy of town.

Basic knowledge is necessary, but everyone is constantly learning on the job and getting better together. [Find out more!](#) Come learn by doing and earn some dollars too.



If you can't make it to our events, you can still support SABA today and become an advocate for safe streets.

We're working for commuters, recreational riders, students, and seniors.

We're working for YOU.

Become a [SABA supporter](#) and help us continue offering programs like social rides, bicycle classes, bike valet, and *Ride Ready Repair* services.

Support our efforts to make the Sacramento region a safer place for **everyone** to ride!

JOIN SABA





Gear'd Up is proudly presented to you with support from our friends at [REI Co-Op](#), [Washington Commons](#), [Centene](#), [Metro Air Park](#), [Capitol Yards](#), and [Sacramento Wheelmen](#).

Find out how your organization or business can help make Sacramento the best place to ride a bike. [Join us!](#)

*Sacramento Area Bicycle Advocates is a 501c3 nonprofit organization.
Your donation is tax-deductible.*



SABA | 909 12TH ST STE 110 | SACRAMENTO, CA 95814-2942 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!