

GEAR'D UP!



Neighborhood Connections Draft Final Plan will be on the February 25 City Council Agenda for approval and adoption!

[Streets for People, Sacramento's Active Transportation Plan](#) (aka the Neighborhood Connections Plan), is a plan for improving walking, rolling and bicycling in Sacramento and will guide future City and private development investment.



Streets for People will address active transportation needs citywide and will focus engagement in areas that lack basic transportation infrastructure and that are under-resourced. The engagement focus areas include South Sacramento, North Sacramento, and Fruitridge Broadway.

The funding supporting the Neighborhood Connections Plan requires we complete the Plan with Council adoption no later than February 2025. The Plan will be on the agenda at the [City Council meeting](#) on February 25.

(Text from City of Sacramento)

Join our Black History Social Ride



Join us for a social ride on Sunday, February 23 to the [Sojourner Truth Museum](#) for Black History Month. This excellent museum in South Sacramento is usually closed on Sundays but they will open it for us and give us a tour.

Tickets for are \$12 for the tour or \$8 if you want to wander around on your own. The museum is struggling financially so all donations are appreciated, but if you are unable to donate, SABA will cover the cost. Payment options are cash, Cashapp (\$Sojomuseum), or Paypal (nasarakeys@hotmail.com).

For this social ride, we are requesting that you [sign up](#) so we can let the museum know how many people will be attending. There is an upper limit of 50 people for the tours so sign up early! You can also [sign the waiver form](#) ahead of time.

We will meet Sunday, February 23 at 9:30am and roll at 10:00am.
Starting point: 85c Bakery Café, 5591 Sky Pkwy #411, Sacramento

From the café, it's a 6 mile ride to Sojourner Truth Museum – see the route at

Ride with GPS.

Bike parking will be provided inside the building for 50 bikes.

SIGN UP FOR THE SOCIAL RIDE

(Image: Shonna McDaniels' painting Dada Mdogo, which portrays a young Black girl dreaming of her future)

E-bike Myths

In this cool video, SABA staff debunk popular misconceptions regarding e-bikes.



Cycling and Public Transportation in the News

- [CalBike Joins Amicus Brief in Safe Streets Accountability Case](#), by Kendra Ramsey, CalBike, January 28, 2025: The case refers to when Oakland refused to take responsibility for a crash in an area with a reported pothole because the rider signed a liability waiver with a third party.
- [I rode my bike outside for the first time in four months after a winter cycling indoors – did riding 2,000 miles in my shed prepare me for outdoor reality?](#) by Stephen Shrubsall, Cycling Weekly, February 17, 2025: While Sacramento weather allows us to ride outside most of the year, this was a fun article about the highs and lows of outside cycling in Southeast England.
- [How To Stay Cycling Fit Over 60 – Top Tips To Defy The Years On The Bike](#) (video), Road.cc: Road cycling, gravel cycling, cycle commuting and just about every other kind of cycling are great ways of keeping fit, especially as you get older. Road.cc enlisted the help of a coach to get some advice on how to best approach cycling at age 60 and above.

Ongoing events around town

SABA Bike Valet provides convenient, secure, no-cost



bike parking at **Golden 1 Center** events. Find us near *Urban Outfitters*.

To reduce wait times, scan the QR code and digitally sign in while you stand in our queue.

Bike Valet provides bike parking at many Sacramento events.

Check our [events calendar](#) for Valet-supported events.

We're growing and hiring! If you have passion and interest in making the world a better place through bicycles, then we want to hear from you!

Bike Valet

Our Bike Valets are the heart and soul of SABA. We take care of your bike so you can attend an event or a market without worrying about whether your bike will be there when you get back to it.

We could use some more great people who believe in SABA's mission for Bike Valet. So, please [shoot us an email](#).

Bike Mechanics

Our set of bike mechanics are the envy of town.

Basic knowledge is necessary, but everyone is constantly learning on the job and getting better together. [Find out more!](#) Come learn by doing and earn some dollars too.



If you can't make it to our events, you can still support SABA today and become an advocate for safe streets.

We're working for commuters, recreational riders, students, and seniors.

We're working for YOU.

Become a [SABA supporter](#) and help us continue offering programs like social rides, bicycle classes, bike valet, and *Ride Ready Repair* services.

Support our efforts to make the Sacramento region a safer place for **everyone** to ride!

JOIN SABA





Gear'd Up is proudly presented to you with support from our friends at [REI Co-Op](#), [Washington Commons](#), [Centene](#), [Metro Air Park](#), [Capitol Yards](#), and [Sacramento Wheelmen](#).

Find out how your organization or business can help make Sacramento the best place to ride a bike. [Join us!](#)

*Sacramento Area Bicycle Advocates is a 501c3 nonprofit organization.
Your donation is tax-deductible.*



SABA | 909 12TH ST STE 110 | SACRAMENTO, CA 95814-2942 US

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