

GEAR'D UP!



SABA Needs Volunteers for Fun Events in May!



May is Bike Month and SABA has numerous fun events with opportunities for volunteers to help out, including educating people about SABA's activities, helping park bikes, or repairing bikes.

When you volunteer at a SABA event, you get to meet enthusiastic cyclists and know that you are helping make the Sacramento region a healthier, happier place.

Check the [SABA events calendar](#) or visit SABA's [volunteer site](#) to see everything that is happening this spring.

As volunteer mechanic Greg Schroeder says, *"There is an enormous amount of knowledge and great camaraderie among the mechanics which makes it all worthwhile and rewarding for me."*

Don't Miss these Upcoming Events

Bike and Seek – Saturday, May 10

Join SABA & Bike Dog Brewery for a bicycle hunt around Sacramento! Team up with friends & family or go solo.

Meet at any Bike Dog location from 12noon – 2pm to receive instructions & your map. There will be Urban routes (5+ miles) & Endurance Routes (30+ miles). Choose your own adventure & distance!

[More information](#)



Earth Day in May – Saturday, May 17

Earth Day is a reminder to make sustainable choices that last all year long. Join us for Earth Day in May in front of the Sacramento Natural Foods Co-op, 2820 R Street from **10AM – 1PM** and discover easy ways to support the planet—like bike tune-ups with SABA, public transit tips from SacRT, composting know-how, and refilling essentials with Refill Madness.

Ride To The River Cats – Sunday, May 18

Join us for a fun group ride to the River Cats game!

Meet at **Mast Coffee**, at 11:30am at 1430 28th Street, Sacramento.
ROLL at 12 Noon to the River Cats game.
Game starts at 1:05pm

Park your bike with SABA Bike Valet at the game and SABA mechanics will be there if your bike needs some TLC.

Buy your tickets at [THIS LINK!](#) A portion of sale goes to SABA.



Check our [SABA calendar](#) for more fun events happening in May.

Ongoing events around town



SABA Bike Valet provides convenient, secure, no-cost bike parking at **Golden 1 Center** events. Find us near *Urban Outfitters*.

To reduce wait times, scan the QR code and digitally sign in while you stand in our queue.

Bike Valet provides bike parking at many Sacramento events including the new venue Channel 24.

Check our [events calendar](#) for Valet-supported events.

We're growing and hiring! If you have passion and interest in making the world a better place through bicycles, then we want to [hear from you!](#)

Bike Valet

Our Bike Valets are the heart and soul of SABA. We take care of your bike so you can attend an event or a market without worrying about whether your bike will be there when you get back to it.

We could use some more great people who believe in SABA's mission for Bike Valet. So, please shoot us an email.

Bike Mechanics

Our set of bike mechanics are the envy of town.

Basic knowledge is necessary, but everyone is constantly learning on the job and getting better together.

Find out more! Come learn by doing and earn some dollars too.



If you can't make it to our events, you can still support SABA today and become an advocate for safe streets.

We're working for commuters, recreational riders, students, and seniors.

We're working for YOU.

Become a **SABA supporter** and help us continue offering programs like social rides, bicycle classes, bike valet, and *Ride Ready Repair* services.

Support our efforts to make the Sacramento region a safer place for **everyone** to ride!

JOIN SABA



Gear'd Up is proudly presented to you with support from our friends at [REI Co-Op](#), [Washington Commons](#), [Centene](#), [Metro Air Park](#), [Capitol Yards](#), and [Sacramento Wheelmen](#).

Find out how your organization or business can help make Sacramento the best place to ride a bike. [Join us!](#)

Sacramento Area Bicycle Advocates is a 501c3 nonprofit organization. Your donation is tax-deductible.