

GEAR'D UP!



Join Us for Velo Ball - the Biking Event of the Year!

Velo Ball is a super fun event and SABA's annual fundraiser that supports our community outreach, Upcycle program, free ride-ready repair services, and advocacy and policy work.



This year, Velo Ball takes place at **Sierra 2 Center for the Arts and Community** on **Saturday, October 17, 2026 from 6-9pm**.

Food & beverage included, silent auction, photo booth, music, awards and more! We will also be showcasing our programs so that you can learn more about them and ask questions.

Take the opportunity to [sponsor Velo Ball](#) and get acknowledged, or donate an item or service for SABA's Silent Auction by contacting Shelley Yaun @ shelley@sacbike.org.

Join us for Velo Ball!

Speak Up for Trail Access: Recreation & Parks Commission Meeting, September 24

Mark your calendar. On Thursday, September 24 at 6:30 PM, the Sacramento County Recreation and Parks Commission will meet at 10361 Rockingham Drive, Suite 100, Sacramento, CA 95827.

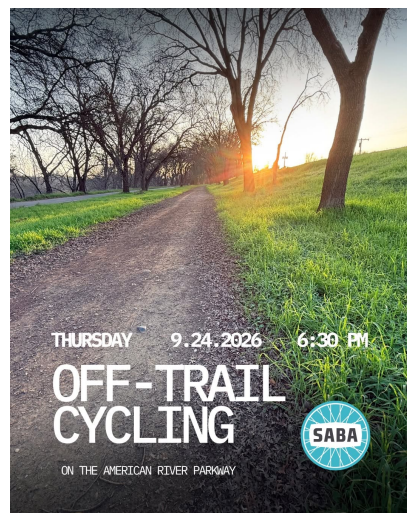
The agenda includes a big one for our community: the Off-Paved-Trail Cycling Subcommittee will present its report on opening access roads and fire breaks to cycling in the American River Parkway.

This is the moment to show up.

Commission decisions are shaped by who's in the room, and right now we have a real chance to expand legal, sustainable riding opportunities on public land. If you've ever wanted more legal places to ride off pavement, this report and the discussion that follows could directly affect where that happens.

Here's how you can help:

- Attend in person. Show the commission that cyclists care about this issue.
- Make a public comment. Even two minutes about your own experience goes a long way. Numbers matter more than a polished speech.
- Bring a friend. A full room says more than an empty one.
- If you can't attend, [email your comment](#).



SABA Needs Kids Bikes



SABA donates bikes to children in Sacramento through the [Community Bike Shop](#) and through bike giveaway programs at schools.

However, right now we are short on kids bikes.

If you have a good condition child's bike that you're not using, please considering donating it to SABA.

We are looking for bikes that need minor repairs. Please no department store bikes (like from Target or Walmart).

- Fill out the [Bike Donation form](#)
- When you receive a confirmation from SABA,

you can drop off the bike at:

- Community Bike Shop, 3816 Stockton Blvd, Sacramento. Thursday through Saturday, 12:00 to 5:00 pm.
- SABA's office: 909 12th Street, Suite 110, Sacramento. Wednesday evenings from 6:00pm – 9:00pm

What You Need to Know About Aftershock

[Aftershock](#) is the West Coast's largest annual rock, punk, and metal music festival. It's coming to Sacramento October 1-4 at Discovery Park.

SABA hosts Bike Valet at Aftershock so cyclists can ride to the festival and park their bikes for free.

The map below shows the two locations of Bike Valet at Aftershock.



For safety reasons, the bike paths through Discovery Park are closed during the festival. The next issue of Gear'd Up will give you more information about the closures.



Sacramento Loses a Dedicated Cycling Advocate - Goodbye to Jim Chakedis



Long time volunteer for SABA's Bike Valet & Ride Ready Repair, [Jim Chakedis](#), passed on to the bike path in the sky on June 26, 2026 in Carmichael, CA at the age of 86.

Jim and his partner Jan Fleming were recipients of SABA's Good Wheel Award in 2025.

Always ready with a smile and support of SABA, Jim was a man who rode 1,000s of miles on his bike each year. Last year, at age 85, he rode 5,000 miles on his bicycle, often along the American River Parkway.

Jan made a donation to SABA in Jim's honor saying, "Jim was a dedicated volunteer for SABA. He loved every opportunity to help!"

Jim will be sorely missed by the cycling community in Sacramento.

Cycle in Peace.

SABA Needs Volunteers!

SABA is seeking volunteers for two upcoming events:

The [Sacramento Century Challenge](#) on **October 3** is the region's premier cycling event. The bike ride starts from Capitol Mall in downtown Sacramento and winds through the scenic Delta wine region to Isleton, then back to the Mall. We need volunteers for **Bike Valet**.

Velo Ball is SABA's annual fundraiser and takes place at **Sierra 2 Center for the Arts and Community** on **Saturday, October 17, 2026 from 6-9pm**. Volunteers are needed for various activities.



[Sign up to Volunteer](#)

Helping Students Get Safely to School

The Sacramento City Council recently [approved a \\$2.25 million project to improve safety and access for students traveling to seven schools across the city](#).

"The project reflects input from school communities and advances the City's commitment to safer streets for people walking, biking and using transit," said Public Works Senior Engineer Luke Fuson.

In the *Folsom Times*, Parent and Resident Susan Cunningham advocates for having the city and school district work together to make it [safe for students to get to school](#), rather than just focusing on e-bike issues which are currently getting a lot of attention in the news. "We should identify the routes that students actually use to get to school and determine where the greatest risks are," she said.

SABA is also working to help parents and schools find safe routes for children cycling and walking to their local school using "bike buses" where children can cycle and walk together with an adult.

Check out this [short video](#) from the Urban Cycling Institute showing bike buses in the Netherlands.



Check out SABA's Community Bike Shop

The Community Bike Shop now has a complete list of [bicycle repair prices](#) on its website. Come on by 3816 Stockton Blvd in Oak Park and get your bike serviced or

repaired by our friendly competent bike mechanics.

The bike shop also has lots of bikes for sale at reasonable prices. The bikes are used but in good working condition.



Celebrate the completion of the American River Bridge Rehabilitation Project (New Date)

★ SAVE THE DATE ★

RIBBON CUTTING Ceremony

CALIFORNIA 51

Join us as we mark the completion of the
AMERICAN RIVER BRIDGE REHABILITATION PROJECT

Wednesday, October 7, 2026
from 10 a.m. to 11 a.m.

Location:
CalExpo Overflow Parking Lot at Tribute Road
Please follow event signage to the site.

More details to follow

Logos: Caltrans, Cal Expo, SACOG, SACRA, CHP

Join Caltrans and the cycling community on Wednesday, October 7 for a ceremony and ribbon cutting to celebrate the opening of the American River Bridge. The bridge is located where Interstate 80 (Capital City Fwy) crosses the American River.

The formal ceremony begins at 10 AM and will be at the CalExpo Overflow Parking Lot at Tribute Road - follow event signage.

Directions to event:

- From downtown/midtown, pick up the bike trail at **Sutter's landing** (28th Street heading north) and ride right along the river to the bridge (approx. 1 mile). Go up and over the bridge and drop off on the other side.
- From **Discovery Park** pick up the bike trail and ride about 5 miles east – there's a paved extension from the bike trail that goes under the bridge where the event will take place.
- From **Sacramento State University** go over the Guy West Bridge – turn left on the north side and follow the ARBT to the bridge – approximately 4 miles.

Cycling and Public Transportation in the News

- [California e-bike bill could set 10 mph sidewalk speed limit for bikes, e-bikes](#), by Madison Smalstig, *Sacramento Bee*, September 3, 2026: A California bill that would set a statewide sidewalk speed limit and impose new requirements on electric bicycle sellers and manufacturers has made it to Gov. Gavin Newsom's desk.
- [Franklin Boulevard got a \\$20M overhaul. What Sacramento businesses think so far](#), by Madison Smalstig, *Sacramento Bee*, September 1, 2026: Franklin Boulevard in Sacramento has been narrowed from four lanes to two to accommodate bike lanes in both directions.

- [Winters tightens rules for e-bikes and e-motos. Where riders can go, what's banned](#), by Daniel Lempres, *Sacramento Bee*, September 9, 2026: Cities across the capital region are tightening restrictions on e-bikes and e-motorcycles amid growing concerns about unsafe riding.
- [What Actually Gets More People Cycling? A New Study Has Some Surprising Answers](#), by Ron Johnson, *Mag Momentum*, September 9, 2026: A review of 124 cycling interventions finds that giving people access to bikes and e-bikes may be more consistently effective than simply telling them to ride. If a city wants more people to cycle.

Ongoing events around town



SABA Bike Valet provides convenient, secure, no-cost bike parking at **Golden 1 Center** events. Find us near *Urban Outfitters*.

To reduce wait times, scan the QR code and digitally sign in while you stand in our queue.

Bike Valet provides bike parking at many Sacramento events including the new venue Channel 24.

Check our [events calendar](#) for Valet-supported events.

We're growing and hiring! If you have passion and interest in making the world a better place through bicycles, then we want to hear from you!

Bike Valet

Our Bike Valets are the heart and soul of SABA. We take care of your bike so you can attend an event or a market without worrying about whether your bike will be there when you get back to it.

We could use some more great people who believe in SABA's mission for Bike Valet. So, please [shoot us an email](#).

Bike Mechanics

Our set of bike mechanics are the envy of town.

Basic knowledge is necessary, but everyone is constantly learning on the job and getting better together.

[Find out more!](#) Come learn by doing and earn some dollars too.



If you can't make it to our events, you can still support SABA today and become an advocate for safe streets.

We're working for commuters, recreational riders, students, and seniors.

We're working for YOU.

Become a [SABA supporter](#) and help us continue offering programs like social rides, bicycle classes, bike valet, and *Ride Ready Repair* services.

Support our efforts to make the Sacramento region a safer place for **everyone** to ride!

JOIN SABA



Gear'd Up is proudly presented to you with support from our friends at [Centene](#), [Metro Air Park](#), [Capitol Yards](#), [Miles CPA PC](#), and [Sacramento Wheelmen](#).

Find out how your organization or business can help make Sacramento the best place to ride a bike. [Join us!](#)

*Sacramento Area Bicycle Advocates is a 501c3 nonprofit organization.
Your donation is tax-deductible.*



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